**Leader in Me**

Carey Elementary has a wonderful program called “The Leader in Me” to help develop the essential life skills and characteristics students need in order to thrive in the 21st century. It integrates leadership principles into the school culture and curriculum and benefits students by developing their self-confidence and interpersonal skills, decreasing discipline problems, and improving academic achievement. Your child will learn about the 7 habits used by this program to help them recognize their strengths and potential and become a well-rounded child.

The 7 habits are:

1. Be Proactive (take care of you and be responsible)
2. Begin With the End in Mind (plan ahead and set goals)
3. Put First Things First (do what is important first)
4. Think Win-Win (look for win-win solutions to conflicts)
5. Seek First to Understand, Then to Be Understood (listen to others and be confident in voicing your ideas)
6. Synergize (work as a team)
7. Sharpen the Saw (take care of your body, brain, heart, and soul)

Please use this language with your children at home!!